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THE GUIDE

for eco-responsible travellers in

THE GRAND SAINT-EMILIONNAIS

PREPARING FOR YOUR TRIP

LOW CARBON TRANSPORT

1. To get off to a good start on your trip, it is important **to be aware of the specific features** of your destination: the first step is **to find out all you can** about it.

2. **Choose destinations close to home**: avoid long flights and opt for places you can reach by **train**, **bus** or even **bicycle**. This reduces the carbon emissions associated with transport.

3. **Opt for environmentally-friendly accommodation**: look for eco-responsible hotels, gîtes, campsites or guest houses.

Click on "our committed partners" section.

4. **Plan your holiday in advance**: during your stay, group your activities by geographical area to reduce travel and, consequently, the impact on the environment. Our destination is full of walking and cycling routes! Don't hesitate to include them in your programme for a more immersive and respectful experience.

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THE RIGHT THINGS TO DO

5. **Favour soft mobility** : alternative forms of transport such as mechanical and electric bicycles, as well as **atypical local means of transport** such as segways or tuk-tuks for a unique experience.

SLOW DOWN SLOW DOWN

6. **Promoting the local economy**: to discover a destination, reduce its ecological impact and get the local economy working, people prefer to buy local and seasonal products, eat in traditional restaurants and stroll through markets. This helps to preserve cultural traditions and reduce the carbon footprint associated with importing products.
Responsible shopping pleasure and 100% Grand Saint-Emilionnais.

SUPPORT OUR LOCAL ECONOMY

7. **Allow yourself activities that respect the environment:** choose activities that make sense, such as a **bike ride** through the vineyards or a **hike** to discover biodiversity.

Visit our "nature and outdoor activities"section .

8. **Favour morning guided tours:** Booking your tours earlier means enjoying cooler temperatures and fewer visitors, which helps improve the flow within the town.

9. **Raise awareness among other travellers**: share your knowledge of eco-responsible practices and encourage other tourists to adopt environmentally-friendly gestures. Together, we can make a positive difference for the planet.

Don't forget that travelling in an eco-responsible way doesn't mean sacrificing pleasure and discovery, but rather finding a balance between exploring new places and respecting the environment.

Ready to be amazed and do something responsible *at the same time?*